**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, January 22, 2013

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Wellness/Substance Abuse Prevention

**Short term targets:**

1. Update and planning of next steps for physical activity (Lisa)
2. Update on plans for Feb. 21st Summit (Heather)
3. Update on subcommittee organization for long-term, including adding new members and expanding our focus to include mental wellness, substance abuse, and school health (Heather)

**AGENDA**

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| **3:30-3:40** | Welcome, review agenda, introductions (Lisa) |
| **3:40-4:30** | Update and planning of next steps for physical activity (Lisa)   * 1. Meetings with MCPS building principals and school wellness teams |
| **4:30-4:45** | Update on plans for Summit Part 2 – February 21st (Heather)   * 1. Make sure YOU are registered ☺, click [HERE](https://events.r20.constantcontact.com/register/eventReg?oeidk=a07e8rk9fxo72dbde66&c=dd563c20-4649-11e3-94d5-d4ae5275b3f6&ch=dd599780-4649-11e3-94d5-d4ae5275b3f6)   2. Venue (food, rooms, technology, parking, signage, UM student volunteers)   3. Registration Tables – do we have enough coverage?   4. Agenda (see attached)   5. Break between keynote and breakout sessions   6. Break Out Sessions (see attached)   7. Door prizes   8. OPI Renewal Credits/Continuing Education Credits   9. Donations   10. Budget/costs |
| **4:45-4:55** | Update on subcommittee organization for long-term, including adding new members and expanding our focus to include mental wellness, substance abuse, and school health (Heather)  New members that will be joining us:   * 1. Carol Ewen – Mental Wellness   2. Brandi Tyree – Substance Abuse |
| **4:55-5:00** | Closing and next steps (Heather)  ***Next meeting:***   * Scheduled: Wednesday, February 26, 2014, 3:30-5pm   + Debrief and next steps from Summit for Healthy Children, Part 2   + Welcome new members and added focus areas   + Discuss reorganization into smaller subgroups |